

Bullyproofing Kids to Turn Away from Crime
A Test Program Conducted at
The Youth Diagnostic and Detention Center
(YDDC)
Albuquerque, NM

Bob Kanegis and Liz Mangual of our BULLYPROOF team helped the incarcerated young people write their own rap 'n roll opera based on their life experiences.

The story they came up with was a day in school when all the kids realized they had had similar nightmares: that an upcoming party would end in a violent shooting. They debated whether to cancel the party, but the next night different Bullyproof animal spirits came into each of their dreams. The following day they dared to share their dreams and learn from each other. When the party came, they were able to employ the techniques to prevent an angry outburst from escalating into violence – and they ended the party with everyone hip-hop dancing and having a great time!

One of the young rappers said that he never realized he could do rap without swear words and putting people down. When he got out of detention he performed the peace rap he created at World Peace Prayer day before an audience of 1000 people - and received a standing ovation.

For more about Future WAVE's program at YDDC see: [BULLYPROOF Provides Alternatives to Violence](#)